



**1-st LEN International swimming meet "GRAND PRIX MACEDONIA 2019"
8-10/03/2019**

Competition time limits			
male		female	
discipline	time	discipline	time
50m free	0:35.50	50m free	0:39.50
100m free	1:16.00	100m free	1:24.00
200m free	2:37.00	200m free	2:55.50
400m free	5:25.50	400m free	6:05.70
800m free	11:10.00	800m free	12:30.00
1500m free	21:25.80	1500m free	23:15.80
50m back	0:40.50	50m back	0:45.50
100m back	1:24.50	100m back	1:34.00
200m back	2:58.30	200m back	3:13.80
50m breast	0:45.75	50m breast	0:50.55
100m breast	1:35.30	100m breast	1:48.60
200m breast	3:17.50	200m breast	3:48.50
50m fly	0:39.00	50m fly	0:44.50
100m fly	1:25.50	100m fly	1:37.30
200m fly	2:57.70	200m fly	3:22.50
200m medly	2:53.75	200m medly	3:05.25
400m medly	6:03.25	400m medly	6:23.85

NOTICE - Swimmer who doesn't swim under the limits for each discipline, will pay 10€ penalty fee.